

Quest™



Parenting in a Sexualized Culture



 PUREHOPE

PREVIEW OF THE
LEADER'S GUIDE

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FOREWORD

Welcome to *Quest: Parenting in a Sexualized Culture*! Actually, I suppose if you are here, the “quest” of raising children in a digital, sexualized age is a journey you’re already on. So maybe “welcome” isn’t the right introduction, but rather, well, come! Come on; let’s do this!

What you have before you is a Leader’s Guide to help you facilitate this experience along with the accompanying study and videos. Through this resource, you’re about to embark on something different; a way of parenting that puts freedom in place of fear, and Christ’s sufficiency in place of shame.

Parenting, especially parenting *today*, takes a strong community. We hope you will be encouraged as you engage in this pursuit of purity and courageous parenting *together*.

Thank you for your leadership in utilizing this resource.



NOEL BOUCHÉ

Chief Executive

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GETTING STARTED

Kudos for stepping up to lead, not just your family, but other parents through *Quest: Parenting in a Sexualized Culture*.

To begin, watch the Leader's Video for a short introduction to this series.



The goal for these small groups is that you and your group members will pray for each other, challenge one another to move out of your comfort zones when it comes to creating an ongoing dialogue with your kids about sex, grow in community, and create a safe place in which group members feel free to share without condemnation. We are all on this journey together and our prayer is that each small group would become a safe place where parents grow and learn.

A quick note to those of you asking yourselves, “How can I teach and lead my kids in this area, much less other parents, when I’ve messed up in my own life?” First of all, God can forgive and redeem all of our mistakes and many times our worst mistakes can be the very things that can be used to encourage others the most. There are no perfect parents, we have all sinned and fallen short of the glory of God. Just open your Bible and see how God used very unlikely, broken people to lead. Authenticity and humility in this area will help you and your group members grow closer, establish community, and learn from one another.

And let us consider how we may spur one another on toward love and good deeds. — Hebrews 10:24

Each session will ideally be 1 ½ to 2 hours in length. Each video is 15-20 minutes, which leaves ample time for fellowship and group discussion. All group discussion material can be found in the “LOOP” section of each session in the *Quest: Parenting in a Sexualized Culture Study*. Encourage your group members to read the Study before your meeting and perhaps even pick out certain segments of the reading you want to address during your group time.

Encourage participation but keep it brief and on topic. If you notice a conversation going off on a tangent, gently lead it back to the question or move on to the next question. In order to thrive and for each member to get the most out of the study, there needs to be structured flexibility - not so rigid as to make it feel like a classroom but not so flexible that the conversation veers too far off course. Remember, every group is different just like every child is different, so what works with one group may not work the same with another.

LEADER'S CHECKLIST

BIBLE

4 QUEST VIDEO SESSIONS

The Foundation

The Conversation

The Technology

The Legacy

QUEST LEADER'S GUIDE

QUEST STUDY

1 for you, 1 for each group member

THE FOUNDATION

A teaching and discussion on what the Bible informs us about God’s design and purpose for sexuality.

PRAY: Open your time together inviting the Holy Spirit to bring compelling revelation of truth. Ask our Father to show your group His heart for understanding and stewarding sex.

OBJECTIVE: To understand and embrace why God’s story is the better story and to realize the importance of sharing this with our kids.

VIDEO: Watch *The Foundation*

You’re nervous to talk about sex with your friends aren’t you? Well, you know what they say... nothing calms the nerves like pizza!

REVIEW CONTENT: Have someone from your group recap the main point of *The Foundation* in their own words. Open to “*Loop The Foundation*” on pages 20-21 of *Quest: Parenting in a Sexualized Culture Study*.



KEY PASSAGE: 1 John 3:1-3. Have someone read this passage aloud as you dive into discussion. We are children of God, we are going to be made like Christ and it is this hope in Him that motivates us to purify ourselves. This passage shows us that purity is a relationship with the perfect One, not an accomplishment we make or something we preserve.

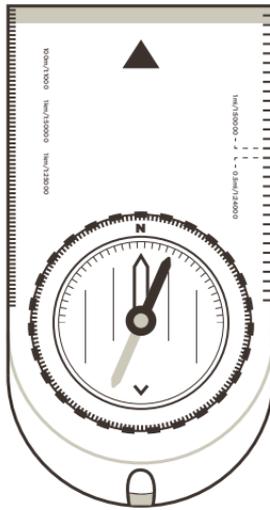
DISCUSSION: See the *Understand* section of “*Loop The Foundation*” and discuss questions as a group. Follow this discussion by reading the personal *Resolve* challenge and family *Engage* challenge aloud. Encourage group members to focus on these things until your next meeting.

PRAYER: Have someone close your time together in prayer. Lift up group praises and prayer requests.

CLOSING REMARKS: Encourage parents to reference *The Foundation* content in their study (pp. 8-19), to continue praying for their family to trust God’s best story, and to keep up with those “*Loop The Foundation*” challenges on pages 20-21.

FOR THE FULL VERSION
OF *QUEST: PARENTING IN A
SEXUALIZED CULTURE*

WHICH INCLUDES
LEADER'S GUIDE + STUDY
+ 4 VIDEO MODULES



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